Instruction

Athletic Competition

The Governing Board recognizes that the district's athletic program constitutes an integral component of the educational program and helps to build a positive school climate. The athletic program also promotes the physical, social, and emotional well-being and character development of participating students. The athletic program shall be designed to meet students' interests and abilities and shall be varied in scope to attract wide participation.

(cf. 3541.1 - Transportation for School-Related Trips)
(cf. 5030 - Student Wellness)
(cf. 5137 - Positive School Climate)
(cf. 6142.7 - Physical Education and Activity)
(cf. 7110 - Facilities Master Plan)

All athletic teams shall be supervised by qualified coaches to ensure that student athletes receive appropriate instruction and guidance related to safety, health, sports skills, and sportsmanship. Athletic events shall be officiated by qualified personnel.

(cf. 4127/4227/4327 - Temporary Athletic Team Coaches)

The Board encourages business and community support for district athletic programs, subject to applicable district policies and regulations governing advertisements and donations.

(cf. 1260 - Educational Foundation)
(cf. 1321 - Solicitation of Funds from and by Students)
(cf. 1325 - Advertising and Promotion)
(cf. 1700 - Relations Between Private Industry and the Schools)
(cf. 3290 - Gifts, Grants and Bequests)

Non-discrimination and Equivalent Opportunities in the Athletic Program

The district's athletic program shall be free from discrimination and discriminatory practices prohibited by state and federal law. The Superintendent or designee shall ensure that equivalent athletic opportunities are provided for males and females.

(cf. 0410 - Nondiscrimination in District Programs and Activities)
(cf. 5145.3 - Nondiscrimination/Harassment)
(cf. 5145.7 - Sexual Harassment)

Any complaint regarding the district's athletic program shall be filed in accordance with the district's uniform complaint procedures.

(cf. 1312.3 - Uniform Complaint Procedures)

California Interscholastic Federation

The Board maintains membership in the California Interscholastic Federation (CIF) and requires that interscholastic athletic activities be conducted in accordance with Board policy, administrative regulations, and CIF bylaws and rules. The Superintendent or designee shall have responsibility for the district's interscholastic athletic program, while the principal or designee at each participating school shall be responsible for site-level decisions, as appropriate.

Upon recommendation of the Superintendent, the Board shall annually designate an employee from each high school to serve as a representative to the local CIF league. Appointees shall represent the district in performing all duties required by the CIF league. In making this selection, the Board shall consider the employee's understanding of the district's goals for student learning and interscholastic and extracurricular activities, knowledge of the athletic programs, awareness of the implications of league decisions for the school and the district, and individual interpersonal communication and leadership skills.

The Superintendent or designee shall ensure that the district representatives to CIF report regularly to the Board on league, section, and statewide issues, as well as activities and prospective actions related to athletic programs.

(cf. 0500 - Accountability)

Student Eligibility

Eligibility requirements for participation in the district's interscholastic athletic program, including requirements pertaining to academic achievement and residency, shall be the same as those set by the district for participation in extracurricular and cocurricular activities.

(cf. 3530 - Risk Management/Insurance)
(cf. 5111.1 - District Residency)
(cf. 5121 - Grades/Evaluation of Student Achievement)
(cf. 6145 - Extracurricular and Cocurricular Activities)
(cf. 6146.1 - High School Graduation Requirements)
(cf. 6162.52 - High School Exit Examination)
(cf. 6173.1 - Education for Foster Youth)
(cf. 6173.2 - Education of Children of Military Families)

In addition, the Superintendent or designee shall ensure that students participating in interscholastic athletics governed by CIF satisfy CIF eligibility requirements.

Sportsmanship

The Board values the quality and integrity of the athletic program and the character development of student athletes. Student athletes, coaches, parents/guardians, spectators, and others are expected to demonstrate good sportsmanship, ethical conduct, and fair play during all athletic competitions. They shall also abide by the core principles of trustworthiness, respect, responsibility, fairness, caring, and good citizenship and the Codes of Conduct adopted by CIF.

Students and staff may be subject to disciplinary action for improper conduct.

(cf. 3515.2 - Disruptions)
(cf. 4118 - Suspension/Disciplinary Action)
(cf. 4218 - Dismissal/Suspension/Disciplinary Action)
(cf. 5131 - Conduct)
(cf. 5131.1 - Bus Conduct)
(cf. 5131.4 - Student Disturbances)
(cf. 5144 - Discipline)
(cf. 5144.1 - Suspension and Expulsion/Due Process)
(cf. 5144.2 - Suspension and Expulsion/Due Process (Individuals with Disabilities))

Health and Safety

The Board desires to give student health and safety the highest consideration in planning and conducting athletic activities.

Students shall have a medical clearance before participating in interscholastic athletic programs. Care shall be taken to ensure that all athletic trainings and competitions are conducted in a manner that will not overtax the physical capabilities of the participants. When appropriate, protective equipment shall be used to prevent or minimize injuries.

(cf. 5131.61 - Drug Testing)
(cf. 5131.63 - Steroids)
(cf. 5141.3 - Health Examinations)
(cf. 5141.6 - School Health Services)
(cf. 5141.7 - Sun Safety)
(cf. 5143 - Insurance)

Coaches and appropriate district employees shall take every possible precaution to ensure that athletic equipment is kept in safe and serviceable condition. The Superintendent or designee shall ensure that all athletic equipment is cleaned and inspected for safety before the beginning of each school year.

(cf. 5142 - Safety)

In the event that an injury occurs, the coach or other appropriate district employee shall observe universal precautions and shall remove the student athlete from the activity and/or seek medical treatment for the student as appropriate.

(cf. 4119.42/4219.42/4319.42 - Exposure Control Plan for Bloodborne Pathogens)
(cf. 4119.43/4219.43/4319.43 - Universal Precautions)
(cf. 5141 - Health Care and Emergencies)
(cf. 5141.21 - Administering Medication and Monitoring Health Conditions)
(cf. 5141.22 - Infectious Diseases)

Legal Reference:
EDUCATION CODE
200-262.4 Prohibition of discrimination
270-271 Athletes' Bill of Rights
17578 Cleaning and sterilizing of football equipment
17580-17581 Football equipment
32221.5 Required insurance for athletic activities
33353-33353.5 California Interscholastic Federation; implementation of policies, insurance program
33354 California Department of Education authority over interscholastic athletics
35160.5 District policies; rules and regulations
35179 Interscholastic athletics
48850 Interscholastic athletics; students in foster care
48900 Grounds for suspension and expulsion
48930-48938 Student organizations
49020-49023 Athletic programs; legislative intent, equal opportunity
49030-49034 Performance-enhancing substances
49458 Health examinations, interscholastic athletic program
49475 Health and safety, concussions and head injuries
49700-49701 Education of children of military families

51242 Exemption from physical education for high school students in interscholastic athletic program
PENAL CODE
245.6 Hazing
CODE OF REGULATIONS, TITLE 5
4900-4965 Nondiscrimination in elementary and secondary education programs, especially:
4920-4922 Nondiscrimination in intramural, interscholastic, and club activities
5531 Supervision of extracurricular activities of students
5590-5596 Employment of noncertificated coaches
UNITED STATES CODE, TITLE 20
1681-1688 Discrimination based on sex or blindness, Title IX
CODE OF FEDERAL REGULATIONS, TITLE 34
106.31 Nondiscrimination on the basis of sex in education programs or activities
106.33 Comparable facilities
106.41 Nondiscrimination in athletic programs
COURT DECISIONS
Mansourian v. Regents of University of California, (2010) 594 F. 3d 1095
Kahn v. East Side Union High School District, (2004) 31 Cal. 4th 990t
McCormick v. School District of Mamaroneck, (2004) 370 F.3d 275
Hartzell v. Connell, (1984) 35 Cal. 3d 899
Management Resources:
CSBA PUBLICATIONS
Student Fees Litigation Update, Education Legal Alliance Advisory, May 20, 2011
A School Board Member's Guide to CIF and Interscholastic Sports, 1997
CALIFORNIA INTERSCHOLASTIC FEDERATION PUBLICATIONS
California Interscholastic Federation Constitution and Bylaws
A Guide to Equity in Athletics
Acute Concussion Evaluation (ACE) Care Plan, 2006
Pursuing Victory with Honor, 1999
CENTERS FOR DISEASE CONTROL AND PREVENTION PUBLICATIONS
Heads Up: Concussion in High School Sports, Tool Kit, June 2010
Heads Up: Concussion in Youth Sports, Tool Kit, July 2007
OFFICE FOR CIVIL RIGHTS, U.S. DEPARTMENT OF EDUCATION PUBLICATIONS
Intercollegiate Athletics Policy Clarification: The Three-Part Test - Part Three, Dear Colleague letter, April 20, 2010
WEB SITES
CSBA: http://www.csba.org
California Department of Education: http://www.cde.ca.gov
California Interscholastic Federation: http://www.cifstate.org
Centers for Disease Control and Prevention, Concussion Resources: http://www.cdc.gov/concussion
National Federation of State High School Associations: http://www.nfhs.org
National Operating Committee on Standards for Athletic Equipment: http://www.nocsae.org
U.S. Anti-Doping Agency: http://www.usada.org
U.S. Department of Education, Office for Civil Rights: http://www2.ed.gov/ocr

Adopted: 4/78
Amended: 12/86, 8/21/02, 7/18/07, 2/17/10, 3/7/12

Athletic Competition

Nondiscrimination and Equivalent Opportunities in the Athletic Program

No student shall be excluded from participation in, be denied the benefits of, be denied equivalent opportunity in, or otherwise be discriminated against in interscholastic, intramural, or club athletics on the basis of actual or perceived sex, sexual orientation, gender, gender identity, gender expression, ethnic group identification, race, ancestry, national origin, religion, color, mental or physical disability, or any other basis specified in law. (Education Code 220, 221.5, 230; 5 CCR 4920; 34 CFR 106.41)

(cf. 0410 - Nondiscrimination in District Programs and Activities)
(cf. 5145.3 - Nondiscrimination/Harassment)

The Superintendent or designee may provide single-sex teams when selection for the teams is based on competitive skills. (5 CCR 4921; 34 CFR 106.41)

Each student shall be allowed to participate in any single-sex athletic program or activity consistent with his/her gender identity and for which he/she is otherwise eligible to participate, irrespective of the gender listed on the student's records.

When a school provides only one team in a particular sport for members of one sex, but provides no team in the same sport for members of the other sex, and athletic opportunities in the total program for that sex have been previously limited, members of the excluded sex shall be allowed to try out and compete with the team. The same standards for eligibility shall be applied to every student trying out for the team, regardless of sex, sexual orientation, gender, gender identity, gender expression, or other protected group status. (5 CCR 4921; 34 CFR 106.41)

When determining whether equivalent opportunities are available to both sexes in athletic programs, the Superintendent or designee shall consider, among other factors: (5 CCR 4922; 34 CFR 106.41)

1. Whether the selection of sports and levels of competition offered effectively accommodate the interests and abilities of both sexes

   The athletic program shall be considered to effectively accommodate the interests and abilities of both sexes if it meets one of the following criteria: (Education Code 230)

   a. The interscholastic-level participation opportunities for male and female students are provided in numbers substantially proportionate to their respective enrollments.

   b. When the members of one sex have been and are underrepresented among interscholastic athletes, the district can show a history and a continuing practice of program expansion that is demonstrably responsive to the developing interests and abilities of the members of that sex.

   c. When the members of one sex are currently underrepresented among interscholastic athletes and the district cannot show a history and continuing practice of program expansion as required in item #b above, the district can demonstrate that the interests and abilities of the members of that sex have been fully and effectively accommodated by the present program.

2. The provision and maintenance of equipment and supplies

Athletic Competition (Cont.)

3. Scheduling of games and practice times, selection of the season for a sport, and location of the games and practices

4. Travel and per diem allowances

5. Opportunities to receive coaching and academic tutoring

6. Assignment and compensation of coaches and tutors

7. Provision of locker rooms and practice and competitive facilities

8. Provision of medical and training facilities and services

9. Provision of housing and dining facilities and services

10. Publicity

11. Provision of necessary funds

Health and Safety

The Superintendent or designee shall annually distribute to student athletes and their parents/guardians an information sheet on concussions and head injuries. The student and parent/guardian shall sign and return the information sheet before the student's initiating practice or competition. (Education Code 49475)

(cf. 5145.6 - Parental Notifications)

If a student athlete is suspected of sustaining a concussion or head injury in an athletic activity, he/she shall be immediately removed from the activity for the remainder of the day. The student shall not be permitted to return to the activity until he/she is evaluated by a licensed health care provider trained in the management of concussions and receives the health care provider's written clearance to return to the activity. (Education Code 49475)

The Superintendent or designee shall notify the student's parent/guardian of the date, time, and extent of any injury suffered by the student and any actions taken to treat the student.

The Superintendent or designee shall provide training to coaches, athletic trainers, and/or school nurses regarding concussion symptoms, prevention, and appropriate response.

(cf. 4127/4227/4327 - Temporary Athletic Team Coaches)

Parental Notifications

Before a student participates in interscholastic athletic activities, the Superintendent or designee shall send a notice to the student's parents/guardians which:

1. Contains information about the procedures for filing a discrimination complaint that arises out of an interscholastic athletic activity, including the name of the district's Title IX Coordinator

   (cf. 1312.3 - Uniform Complaint Procedures)

2. Includes a copy of the Athletes' Bill of Rights pursuant to Education Code 271

3. Explains that there is an element of risk associated with all athletic competitions and that the district cannot guarantee that students will not be injured, despite a commitment to every participant's health and welfare

   (cf. 3530 - Risk Management/Insurance)

4. Provides information about insurance protection pursuant to Education Code 32221.5

   (cf. 5143 - Insurance)

5. Requests parental permission for the student to participate in the program and, if appropriate, be transported by the district to and from competitions

   (cf. 3541.1 - Transportation for School-Related Trips)

6. States the Governing Board's expectation that students adhere strictly to all safety rules, regulations, and instructions, as well as rules and guidelines related to conduct and sportsmanship

   (cf. 5144 - Discipline)
   (cf. 5144.1 - Suspension and Expulsion/Due Process)

7. Includes a copy of the local California Interscholastic Federation (CIF) league rules

8. Includes information about the CIF bylaw and district policy requiring any student athlete and his/her parent/guardian to sign a statement that the student will not use steroids or dietary supplements banned by the U.S. Anti-Doping Agency

   (cf. 5131.63 - Steroids)

Student Athletic Code

The philosophy of the Oroville Union High School District stresses the belief an athlete is expected to represent high standards, more so than that of the regular student, and that the athletic code will apply to all athletes in our district An athlete is described as any student participating in athletic practices and/or contests under the control and jurisdiction of the District.

We are concerned with maintaining PRIDE in our athletic programs, and believe that outstanding physical condition and high moral standards are top goals for our athletes. The district embraces the CIF “Pursuing Victory With Honor” as adopted by CIF.

The following rules and regulations govern all athletes that represent Las Plumas and Oroville High Schools in any kind of interscholastic competition and are in addition to California Interscholastic Federation and Northern Section California Interscholastic Federation regulations.

These guidelines are designed to promote the ideals of sportsmanship, pride in representing the school district, and insure acceptable standards of participation. They apply to each student athlete during their season of sport.

1. Scholastic Requirements

   A. To be eligible for any team, a student will not be permitted to have more than two (2) failing grades (F) or incompletes (I), regardless of the number of subjects he/she is taking. He/she must be passing at least twenty (20) credits.

   B. The academic probationary period may be used once in the four-year time frame (or less if a transfer student) that a student in the Oroville Union High School District. The academic probationary period is defined as a quarter. The GPA that determines whether a Probationary Period is needed is the previous grading period. During the academic probationary period, a student may participate in athletics without a 2.0 GPA. However, the student is still subject to the guidelines set forth in the district's Extracurricular Code. The school may set up a system by which an athlete using a Probationary Period can be monitored and checked for grade improvement.

   C. Students must show minimum progress toward meeting the high school graduation requirements prescribed by the governing board.
   Juniors must have a minimum of 50 credits at the beginning of the first semester.
   Juniors must have a minimum of 90 credits at the beginning of the second semester.
   Seniors must have a minimum of 140 credits at the beginning of the first semester.
   Seniors must have a minimum of 180 credits at the beginning of the second semester.

   D. Students who do not achieve satisfactory educational progress or maintain at least a quarterly 2.0 GPA will be ineligible. The grading periods used for calculating the grade point average will be first quarter, first semester, third quarter and second semester and Summer School

   E. Ineligible athletes to be considered scholastically eligible shall be required to make up failed graduation requirements in summer school, night school or alternative education. These failed courses must be made up by taking the equivalent class. The grades earned in the above scenario will replace the failed grades for the purpose of determining athletic eligibility. Ineligible athletes who have not failed a class may improve their GPA's by either replacing equivalent graduation requirements or taking additional courses for their own enrichment. Enrichment classes will be averaged into their G.P.A.'s.

   F. Summer school courses failed shall not impair athletic eligibility.

   G. Notice of ineligibility will be given prior to the first official contest after the student becomes ineligible (one school week after grades are reported to the office).

   H. All applicable CIF eligibility rules will be enforced as written

2. Pre-Practice Requirements

   A. All pre-practice requirements/clearances must be turned in to the Athletic Director's Office prior to beginning any athletic practice/competition.

   B. Pass a physical examination conducted by a licensed medical doctor and turn in to the head coach, or have on file with the Athletic Director, the physical card signed by both the physician who supervised the examination and one of the athlete's parents or guardian.

   C. Parents must certify medical insurance is carried on the athlete, or purchase athletic insurance

D. Turn in to head coach or have on file with the Athletic Director, the signed portion of the District's Athletic Code. NOTE: Both the athlete and a parent or guardian signatures are required.

E. A signed Acknowledgement of Assumption of Potential Risk Form with consent to treat if information is supplied. NOTE: Both the athlete and a parent or guardian signatures are required.

3. Athletic Ineligibility

Eligibility status shall follow all prescribed CIF and NSCIF By-Laws. A student shall immediately become ineligible to participate in athletics for any or all of the following reasons:

A. Quitting a sport without consent of the coach after a two (2) week tryout period.

B. Being dismissed from the squad for cause. A coach may set and enforce rules that are more stringent than the minimum standards. Each coach shall establish written guidelines that are distributed and signed by each athlete and parent/guardian. Each of the plans will be approved by the site administrator prior to the start of the season of sport. These guidelines will establish team rules and regulations that clearly identify consequences for rule infractions through dismissal from the team.

C. Committed a suspension/expulsion offense as prescribed by California Education code Sections 48900 and 48915 that results in an out-of-school suspension during the season of sport

D. Any athlete who is recommended for expulsion for committing offenses referred to in California Education Code Section 48900, 48900.2-.4, or 48915 will immediately become ineligible until an administrative decision is rendered. When the final disposition is made by the administration/or Board of Trustees regarding the expulsion recommendation, the athlete will remain athletically ineligible for the duration of time as stipulated in the expulsion order/contract. All applicable CIF rules regarding expulsion will be adhered to. Athletes on expulsion orders/contracts will not be able to practice during their period of ineligibility.

4. Penalties and Conditions for Eligibility

An athlete may again become eligible after fulfilling the following requirements:

A. For violations of Education Code 48900, unless stated otherwise, which result in suspension;
The athlete will be ineligible for athletic competition for no less than the number of days suspended from school. For example: A one-day (1) suspension would equal one (1) day of athletic ineligibility, a three (3) day suspension would equal a three (3) day period of athletic ineligibility. The ineligibility period will include the days of suspension.

B. For violation of Education Code 48900 (b), (c), (d), (h) and quitting, being dismissed or use of steroids: Using, possessing or furnishing tobacco, alcohol, illegal drug, controlled substance, firearm, knife, explosive or other dangerous objects, quitting a sport without coach's consent, being dismissed or, use of steroids, an athlete will be ineligible for a minimum of the following:

<u>First Offense: (School year)</u>
Athlete will be ineligible for one-third (1/3) of scheduled season events. .

<u>Second Offense: (School Year)</u>
Athlete will be ineligible for one-half (1/2) of scheduled season events.

Third Offense: (School Year)
Athlete will be ineligible for ONE calendar year from date of infraction, and will not be permitted to practice.

Athletes, with coach's permission unless stated otherwise, may practice with team if not suspended from school but will not compete in an athletic contest during athletic ineligibility period.

C. Conditions for eligibility
*Based on the number of contacts/contests scheduled on the seasonal sports calendar (scrimmages are not counted in these calculations, all tournament competition other than basketball will count as two contacts/contests. Basketball is the number of scheduled contests). When rounding, use the nearest whole number.

The unexpired portion of the penalty will be carried over into the athlete's post-season competition or the next season of participation. Failure to complete the above assigned penalties will result in the athlete being ineligible for one calendar year from the date of the infraction.

The fraction of the penalty is adjusted to apply to the scheduled number of contests for that sport. (Example: an athlete serves two (2) games of a three (3) game penalty in football. He would have one (1) game or one-third (1/3) of the penalty yet to serve. The next sport he goes out for is basketball, which may have (20) contests. If the athlete committed a first offense in basketball he would have to miss seven (7) contests. Since he has to serve one-third (1/3) of the remaining penalty carried over from football, he would miss two (2) basketball contests -- one-third (1/3) of seven (7) equals two (2) (nearest whole number).

The athlete's ineligibility period begins with a formal notification from the coach, the Athletic Director, or an administrator. The remaining contests of the season of sport will be counted for the ineligibility penalty. However, if an athlete quits a season of sport without the coach's consent, the unexpired season of sport will not count towards the penalty and will carry to the athlete's next season of sport.

An athlete will be placed on a probationary period of one (1) calendar year from the date of the infraction. If the athlete has not completed the conditions for eligibility but does not commit another violation during this period, then his/her record will be cleared. A subsequent violation would then be treated as a first offense.

5. Right of Appeal

A. Athletes shall have the right to appeal, with their parents or other designated advocate, to the Athletic Council within 10 school days of the athlete's ineligibility notification (See Athletic Council: Membership, Responsibilities, Procedures). A written decision of the appeal will be sent to student and parent/guardian within three school days after the hearing.

Any offense, including those not specifically listed in the Code, may be considered by the Athletic Council. If the student or parent/guardian is not satisfied with the Athletic Council's decision, they may submit a written appeal of the decision within five school days to the Superintendent or designee. The Superintendent or designee will meet with the student and/or parent/guardian and render a written decision of that appeal within three school days.

If the student and/or parent/guardian are not satisfied with the Superintendent's decision, they may submit a written appeal to that decision to the Board of Trustees within five school days. The Board will hear the appeal in Closed Session at the next regularly scheduled meeting if the written appeal has been received by the Superintendent within the timelines set forth for board agenda preparation. The Board will render a written decision to the student and parent/guardian within three school days. The Board of Trustees' decision shall be final and binding.

E. During the appeal process, the athlete's ineligibility will remain in effect.

F. Failure by the student to meet any appeal timelines will result in the appeal automatically being dropped.

6. Athletic Council: Membership, Responsibilities, and Procedures

When an appeal is filed, the Athletic Council shall convene and shall consist of:
- Principal, or his designee
- Athletic Director
- Three (3) coaches - one from each season, selected by their peers

Athletic Council Responsibilities:

Serve as the board of appeals when requested by athlete(s).
Serve as athletic advisory committee to District Administration and Board of Trustees.

Procedures of Appeal:

Refer to Right of Appeal (A-F) on page (f) of this Administrative Regulation.

7. Attendance

Athletes must be in school all day in order to participate in practice or games that day. The exception to this rule must be justified by the athlete to the Assistant Principal and/or Athletic Director. An unjustified excuse will cause the athlete to be ineligible for the next scheduled athletic contest.

8. When an Athlete is Suspended on Campus from School

A. Students assigned to Suspension on Campus for four periods or more will result in the athlete being ineligible to practice or play that day.

B. Students assigned to Suspension on Campus for less than four periods will be allowed to practice or play at the coach's discretion.

9. Equipment Return

Athletic equipment issued for a previous sport must be returned, or arrangements made for payment, before a student is allowed to participate in any game or contest in another athletic activity.

10. Transportation

In all athletic contests played away from school, the athlete will ride to and from games in school transportation (when provided by school district) unless prior arrangements are made by the parents with the approval of the coach.

11. Team Travel

When students are attending an "away" school sponsored function for athletic purposes, and that travel time to the venue, the event itself, and return travel from the event would include a meal(s), the expectation is that the student will bring a bag lunch or money to cover the expense of the meal(s) missed.

In the event that transportation breakdown or inclement weather prevents travel back to Oroville that day, the District will assume the reasonable cost of lodging. The School District will also assume reasonable meal expense for the team if they miss the next meal not planned for by the coaches. For example, "if the coach planned for lunch but due to bus breakdown the time away from home extends into the dinner hour, the District will refund the coach for the reasonable cost of a dinner."

12. Athletic Drug Testing

Policy Statement:

In order to provide for the health and safety of the individual athlete and other athletes, to provide a legitimate reason for students to say “no” to drug use and to provide an opportunity for those taking drugs to receive help in locating a program of assistance, the District is conducting a mandatory drug testing program for student athletes. The program is not punitive. It is designed to create a safe, drug-free environment for student athletes and assist them in getting help when needed.

Definitions:

Drug: Any substance considered illegal or controlled by the Food and Drug Administration.

Student Athlete: Any student participating in athletic practices and/or contests under the control and jurisdiction of the Oroville Union High School District.

Sport Season: Fall, Winter, and Spring seasons begin on the first day of practice allowed by the California Interscholastic Federation or Oroville Union High School District and end with the last sanctioned event.

Procedures:

Consent: The parent and/or guardian and the student athlete are required to sign a written consent for drug testing prior to participating in the athletic program. Testing will be conducted in the Fall, Winter, and Spring seasons of sport at District expense.

Medication: Student athletes who have taken or are currently taking prescription medication must declare this fact on the day of testing. The student must provide verification (either by a copy of the prescription or by doctor’s authorization) if the drug test is positive. Students who refuse to provide verification and test positive will be subject to actions specified on page (b).

Student Selection: All student athletes may be tested at the beginning of each season. Random testing will be conducted during the sports season. Students selected for random testing will be selected by having their names drawn from a “pool” of student athletes.

“Positive” Test: if the student’s test indicates positive results, a split sample will be tested to confirm the results. Parents will be notified only when the second test is positive.

The refusal of an athlete to take a urine test will be considered the equivalent of a positive test.

First Offense: (if results indicate "positive" testing of drug(s) presence)

1. Notify parent or guardian. (All test results are confidential.)

2. A due process hearing will be conducted by the principal or his designee with the parent/guardian and the student.

3. The student will be required to complete a drug counseling course. A letter of verification stating the student completed the counseling-program must be submitted to the Athletic Director.

4. The student will be ineligible for one-third (1/3) of the season as set forth by NSCIF.

5. The student will be re-tested before the beginning of the next season of sport for which he/she is eligible.

Second Offense (during high school career)

1. Notify parent or guardian.

2. A due process hearing will be conducted by the principal or his designee with the parent/guardian and the student.

3. That the student be suspended from participating in interscholastic sports for one (1) calendar year from the date of the drug test.

4. The student will be required to complete drug counseling offered by the Oroville Union High School District. A letter of verification stating the student completed the counseling program must be submitted to the Athletic Director.

5. The student will be re-tested before beginning the next season of sport for which he/she is eligible.

Third Offense (during high school career)

1. Notify parent or guardian.

2. A due process hearing will be conducted by the principal or his designee with the parent/guardian and the student.

3. The student is suspended from participating in athletics, and will not be eligible for any more high school sports.

Amnesty Provision

Prior to the random selection of athletes for testing on a one (1) time basis only, an athlete may disclose to the coach, athletic director, or site administrator, to declare his/her substance abuse status, (all disclosures will remain confidential) without having to participate in a drug screening. The athlete will be required to immediately enroll in the Oroville Union High School District's Substance Abuse Program, and provide the athletic director with proof of completion within three (3) calendar months. The athlete will be re-tested before beginning the next season for which he/she is eligible.

Adopted: 12/86
Amended: 2/97, 7/98, 8/02, 8/03, 9/06, 7/07, 2/17/10, 8/3/11, 3/7/12, 6/20/12, 2/19/14

Please sign both sections and return this form to your coach or Athletic Director.

Agreement for Student to be Drug Tested

I have read administrative regulation 6142.2 and agree to abide by its required procedures. I also consent for my son/daughter to be drug tested as prescribed by the drug testing policy stated with this regulation.

_____ _____
Signature of student athlete Date

_____ _____
Signature of parent/guardian Date

Agreement for Student Athlete and Parent/Guardian Regarding Use of Steroids

Name of Student: (please print) _____

Directions: As a condition of membership in the California Interscholastic Federation (CIF) and in accordance with Education Code 49030, the Governing Board of the Oroville Union High School District has adopted Board Policy 5131.63 prohibiting the use and abuse of androgenic/anabolic steroids as specified below. CIF Bylaw 524 requires that all participating students and their parents/guardians sign this agreement.

By signing below, we agree that the student shall not use androgenic/anabolic steroids or any dietary supplement banned by the U.S. Anti-Doping Agency as well as the substance synephrine, without a written prescription from a licensed health care practitioner to treat a medical condition.

We recognize that under CIF Bylaw 200.D the student may be subject to penalties, including ineligibility for any CIF competition, if the student or his/her parent/guardian provides false or fraudulent information to the CIF.

We understand that the student's violation of the district's policy regarding steroids may result in discipline against him/her including, but not limited to, restriction from athletics or suspension or expulsion from school.

_____ _____
Signature of student athlete Date

_____ _____
Signature of parent/guardian Date

Oroville Union High School District

Medical Insurance Information for Athletes

Under state law, school districts are required to ensure that all members of school athletic teams have accidental injury insurance that covers medical and hospital expenses. This insurance requirement can be met by the school district offering insurance or other health benefits that cover medical and hospital expenses.

Some pupils may qualify to enroll in no-cost or low-cost local, state, or federally sponsored health insurance programs. Information about these programs may be obtained by calling the following numbers.

Medi-Cal for Children No Cost Health Coverage 1-800-880-5305
Healthy Families Low Cost Coverage 1-800-880-5305
CIF Myers-Stevens & Toohey & Co. 1-800-827-4695

You may also go the main office at your school to pick-up an application for all three of the coverage's mentioned above!

Principles of Pursuing Victory with Honor

"Winning at All Costs is not Winning at All – Pursue Victory with Honor"

1. The essential elements of character building and ethics in CIF sports are embodied in the concept of sportsmanship and six core principles: trustworthiness, respect, responsibility, fairness, caring and good citizenship. The highest potential of sports is achieved when competition reflects these *"six* pillars of character."

2. It's the duty of School Boards, superintendents, school administrators, parents and school sports leadership including coaches, athletic administrators, program directors and game officials - to promote sportsmanship and foster good character by teaching, enforcing, advocating and modeling these *"six* pillars of character."

3. To promote sportsmanship and foster the development of good character, school sports programs must be conducted in a manner that enhances the academic, emotional, *social,* physical and ethical development of student-athletes and teaches them positive life skills that will help them become personally successful and socially responsible.

4. Participation in school sports programs *is* a privilege, not a right. To earn that privilege, student-athletes must abide by the rules and they must conduct themselves, on and off the field, as positive role models who exemplify good character.

5. School Boards, superintendents, school administrators, parents and school sports leadership shall establish standards for participation by adopting and enforcing codes of conduct for coaches, athletes, parents and spectators.

6. All participants in high school sports must consistently demonstrate and demand scrupulous integrity and observe and enforce the spirit as well as the letter of the rules.

7. The importance of character, ethics and sportsmanship should be emphasized in all communications directed to student-athletes and their parents.

8. School Boards, superintendents, school administrators, parents and school sports leadership must ensure that the first priority of their student-athletes is a serious commitment to getting an education and developing the academic skills and character to succeed.

9. School Boards, superintendents, principals, school administrators and everyone involved at any level of governance in the CIF must maintain ultimate responsibility for the quality and integrity of CIF programs. Such individuals must assure that education and character development responsibilities are not compromised to achieve sports performance goals and that the academic, social, emotional, physical and ethical well-being of student-athletes is always placed above desires and pressured to win.

10. All employees of member schools must be directly involved and committed to the academic success of student-athletes and the character-building goals of the school.

11. Everyone involved in competition including parents, spectators, associated study body leaders, and all auxiliary groups have a duty to honor the traditions of the sport and to treat other participants with respect. Coaches have a special responsibility to model respectful behavior and the duty to demand that their student athletes refrain from disrespectful conduct including verbal abuse of opponents and officials, profane or belligerent trash-talking, taunting and inappropriate celebrations.

12. School Boards, superintendents, and school administrators of CIF member schools must ensure that coaches, whether paid or voluntary, are competent to coach. Training or experience may determine minimal competence. These competencies include basic knowledge of: 1) The character building aspects of sports, including techniques and methods of teaching and reinforcing the core values comprising sportsmanship and good character. 2) The physical capabilities and limitations of the age group coached as well as the first aid. 3) Coaching principles and the rules and strategies of the sport.

13. Because of the powerful potential of sports as a vehicle for positive personal growth, a broad spectrum of school sports experiences should be made available to all of our diverse communities.

14. To safeguard the health of athletes and the integrity of the sport, school sports program must actively prohibit the use of alcohol, tobacco, drugs and performance enhancing substances, as well as a demand compliance with all laws and regulations, including those related to gambling and the use of drugs.

15. Schools that offer athletic programs must safeguard the integrity of their programs. Commercial relationships should be continually monitored to ensure against inappropriate exploitation of the school's name or reputation. There should be no undue influence of commercial interests. In addition, sports programs must be prudent, avoiding undue dependency on particular companies or sponsors.

16. The profession of coaching is a profession of teaching. In addition to teaching the mental and physical dimensions of their sport, coaches, through words and example, must also strive to build the character of their athletes by teaching them to be trustworthy, respectful, responsible, fair, caring and good citizens.

OROVILLE UNION HIGH SCHOOL DISTRICT
Concussion Information Sheet

A concussion is a brain injury and all brain injuries are serious. They are caused by a bump, blow, or jolt to the head, or by a blow to another part of the body with the force transmitted to the head. They can range from mild to severe and can disrupt the way the brain normally works. Even though most concussions are mild, **all concussions are potentially serious and may result in complications including prolonged brain damage and death if not recognized and managed properly.** In other words, even a "ding" or a bump on the head can be serious. You can't see a concussion and most sports concussions occur without loss of consciousness. Signs and symptoms of concussion may show up right after the injury or can take hours or days to fully appear. If your child reports any symptoms of concussion, or if you notice the symptoms or signs of concussion yourself, seek medical attention right away.

Symptoms may include one or more of the following:	
• Headaches • "Pressure in head" • Nausea or vomiting • Neck pain • Balance problems or dizziness • Blurred, double, or fuzzy vision • Sensitivity to light or noise • Feeling sluggish or slowed down • Feeling foggy or groggy • Drowsiness • Change in sleep patterns	• Amnesia • "Don't feel right" • Fatigue or low energy • Sadness • Nervousness or anxiety • Irritability • More emotional • Confusion • Concentration or memory problems (forgetting game plays) • Repeating the same question/comment

Signs observed by teammates, parents and coaches include:
• Appears dazed • Vacant facial expression • Confused about assignment • Forgets plays • Is unsure of game, score, or opponent • Moves clumsily or displays incoordination • Answers questions slowly • Slurred speech • Shows behavior or personality changes • Can't recall events prior to hit • Can't recall events after hit • Seizures or convulsions • Any change in typical behavior or personality • Loses consciousness

What can happen if my child keeps on playing with a concussion or returns too soon?

Athletes with the signs and symptoms of concussion should be removed from play immediately. Continuing to play with the signs and symptoms of a concussion leaves the young athlete especially vulnerable to greater injury. There is an increased risk of significant damage from a concussion for a period of time after that concussion occurs, particularly if the athlete suffers another concussion before completely recovering from the first one. This can lead to prolonged recovery, or even to severe brain swelling (second impact syndrome) with devastating and even fatal consequences. It is well known that an adolescent or teenage athlete will often under report symptoms of injuries. And concussions are no different. As a result, education of administrators, coaches, parents and students is the key for student-athlete's safety.

If you think your child has suffered a concussion

Any athlete even suspected of suffering a concussion should be removed from the game or practice immediately. No athlete may return to activity after an apparent head injury or concussion, regardless of how mild it seems or how quickly symptoms clear, without medical clearance. Close observation of the athlete should continue for several hours. The new CIF Bylaw 313 now requires implementation of long and well-established return to play concussion guidelines that have been recommended for several years:

> "A student-athlete who is suspected of sustaining a concussion or head injury in a practice or game shall be removed from competition at that time and for the remainder of the day."
>
> **and**
>
> "A student-athlete who has been removed may not return to play until the athlete is evaluated by a licensed heath care provider trained in the evaluation and management of concussion and received written clearance to return to play from that health care provider".

You should also inform your child's coach if you think that your child may have a concussion Remember its better to miss one game than miss the whole season. And when in doubt, the athlete sits out.

For current and up-to-date information on concussions you can go to:
http://www.cdc.gov/ConcussionInYouthSports/

Student-athlete Name Printed	Student-athlete Signature	Date
Parent or Legal Guardian Printed	Parent or Legal Guardian Signature	Date

The current CIF Physical Form is posted under the Athletics button on the district website (ouhsd.org).

OROVILLE UNION HIGH SCHOOL DISTRICT

E 6145.2 (7)

Butte Schools Self-Funded Programs

BSSP-2

ACKNOWLEDGMENT & ASSUMPTION OF POTENTIAL RISK
CONSENT TO TRANSPORT AND TREAT
Voluntary Sports Event/Activity

THIS FORM MAY NOT BE ALTERED IN ANY WAY

Permission for Voluntary Participation

_____ has my permission to participate in the activities listed below. I understand the following:

1. Participation in these activities is voluntary and is NOT required;
2. I may revoke this permission at any time by notifying the school district in writing; and
3. Revocation is not effective until receipt is acknowledged by the school district.
4. _____ (sport or activity), by its very nature, poses some inherent risk of a participant being seriously injured. These injuries could include, but are not limited to, the following:
5. The field trip / excursion may include but not be limited to:

a. Sprains/strains
b. Fractured bones
c. Cuts/abrasions
d. Unconsciousness
e. Paralysis
f. Disfigurement
g. Head injuries
h. Loss of eyesight
i. Death

Consent to Transport

In accordance with California Education Code Section 35350, my signature below gives permission to transport (if applicable).

Consent to Treat

In the event of illness or injury, I hereby consent to whatever X-ray examination, anesthetic, medical, surgical or dental diagnosis or treatment and hospital care are considered necessary in the best judgment of the attending physicians and/or dentist and performed by or under the supervision of a member of the medical staff of the hospital, facility or office furnishing medical and/or dental services.

Initial all appropriate boxes below and provide additional information where necessary.

_____ There are no special problems that the staff should be aware of and no medications are to be administered.

_____ The following medication(s) is/are to be administered during this activity: _____. A physician's written instructions on dispensing must be attached to this form. All prescriptions, excepting those which must be kept on the student's person for emergency use, must kept and distributed by the staff.

_____ My student has allergies, a special medical problem, or other participating-limiting factors, of which staff should be made aware: _____.

_____ No blood transfusions or blood products are to be given.

I fully understand that my student is to abide by all rules and regulations of conduct during this activity. Any violation of these rules and regulations may result in the school contacting me to arrange transportation home for my student at my full expense. I agree to hold the _____ School District, its employees, agents, volunteers and/or sponsors, and any other person, firm or corporation charged or chargeable with responsibility or liability free and harmless from any and all claims, demands, damages, costs, expenses, loss of services, action and causes of action resulting from the use of the facilities, equipment and participation by my son/daughter in the above named activity.

_____ _____
Signature of Parent/ Legal Guardian or Student over age 18 *Date*

_____ _____
Address where parent will be during activity *Phone where parent can be reached during activity*

Under state law, school districts are required to ensure that all members of school athletic teams have accidental injury insurance that covers medical and hospital expenses. Some pupils may qualify to enroll in no-cost or low-cost local, state, or federally sponsored health insurance programs. Information about these programs may be obtained by calling 1-888-747-1222.

Medical examination and release has been completed on _____ by _____. Medical exams are required for all playing-field participants, including cheerleaders. Band members, team managers and ROP students (i.e., non-playing-field participants) are exempt from medical examination.

_____ _____
Parent's/Guardian's Health Insurance Company / MEDI-CAL *Policy number*

_____ _____
Student's Primary Physician Phone Number

Oroville Union High School District
Academic Probation Contract

Student Name: _____

Sport/Club:_____

Dates of Academic Probation: _____

I understand that I am academically ineligible to participate in extracurricular activities. This contract is a request for academic probation for a 9 week period during the current school year.

Contractual Obligations:

1. In order to participate in extracurricular activities, students must maintain a grade point average (GPA) of 2.0 or better each grade reporting period. Grading periods occur approximately every 9 weeks, to include quarterly and semester report cards only.

2. Students who are ineligible due to having less than a 2.0 GPA may request "Academic Probation." Academic Probation may be granted **only once** during a student's **entire high school career**. Academic Probation will last until the next grade reporting period (approximately 9 weeks, reporting period of quarter and semester grades only). Academic Probation is not recommended for freshmen or JV athletes as often participation becomes more valuable at the varsity level where playoffs and championships exist. Academic Probation requires a formal contract to include signatures from the student, parent, Athletic Director/Club Advisor and Administration for approval.

3. Students must be on a graduation track to be eligible. A graduation track is defined as being on track to graduate in four years. Students must earn a minimum of 20 units of credit each semester.

4. Eligibility or ineligibility begins or ends on Wednesday following the week grades are **distributed to parents** after the grading period ends.

5. My coach/club advisor may require me to attend study hall, turn in weekly progress reports, attend consultation, etc.

Student Signature	Date	Parent Signature	Date
Athletic Director/Club Advisor Signature	Date	Administrative Signature	Date